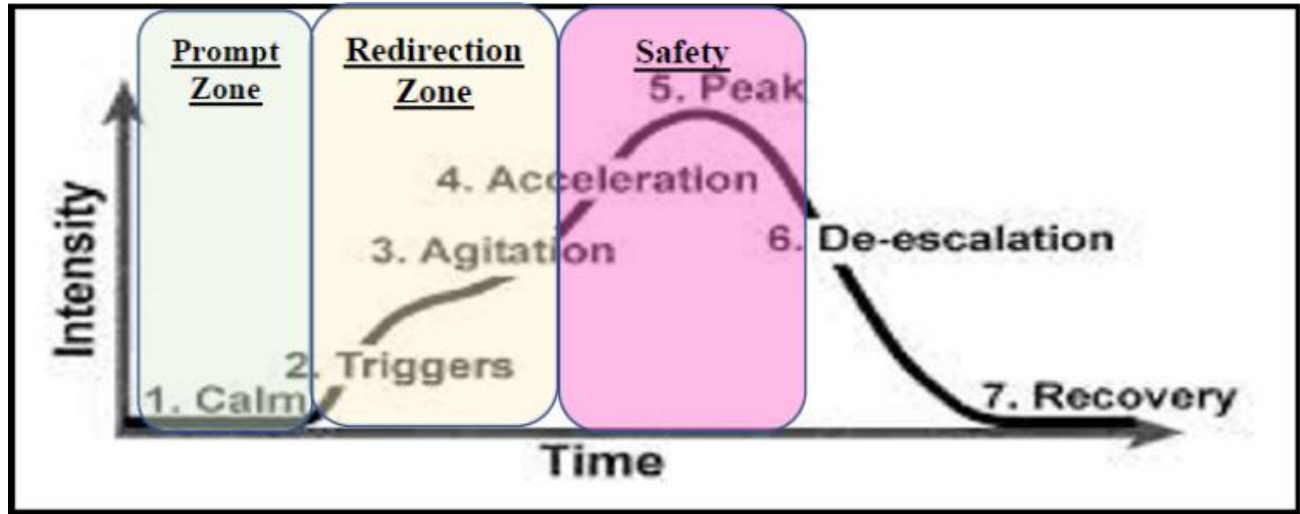


Behavior Escalation Worksheet

Student		Behavior Specialist		Date	
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ESCALATION CYCLE



STEP 1: Describe the student's behaviors as they progress through each Escalation Stage (Focus on Calm to Peak)

Phase	1: Calm	2: Triggers	3: Agitation	4: Acceleration	5: Peak	6: De-escalation	7: Recovery
Student Behavior							

STEP 2: Describe any Staff Responses that contribute to Provoking or further Escalating Student Behavior at each Stage

Phase	1: Calm	2: Triggers	3: Agitation	4: Acceleration	5: Peak	6: De-escalation	7: Recovery
Escalating Staff Response							

STEP 3: Identify Suggested Strategies to employ at each Stage of the Escalation Cycle

Phase	1: Calm	2: Triggers	3: Agitation	4: Acceleration	5: Peak	6: De-escalation	7: Recovery
	Recognize what he is doing well, positively reinforce	Calmly Redirect Student to Use the Replacement Behavior	Calmly Redirect Student to Use the Replacement Behavior	Stay with student in sight but give space, listen to his frustration or needs, limit verbal input, stay calm to support regulation	Maintain safety for student & peers, limit engagement, guide towards safe space or safer choice (such as book to read)	Give 5-30 min of calm time, calm voice, listen, offer support and time to process/problem solve	Offer opportunity to talk through the situation and what caused him frustration, give time to repair if conflict occurred with adult or peer
	Prompt the Replacement Behavior	Reward if student Approp'ly Requests Replacement Behavior	Reward if student Approp'ly Requests Replacement Behavior				
	Implement Interventions to Prevent Problem Behavior	Minimize Reinforcement for Problem Behavior	Minimize Reinforcement for Problem Behavior				